

Bunts Sangha's
S. M. Shetty College of Science, Commerce & Management Studies, Powai
NAAC Re-Accredited With A+ Grade, 2nd Cycle
IMC RBNQ Certificate of Merit 2019
ISO 21001:2018 Certified

Approval Form – Rally Eat Right India - Millet Mela

Department: NSS UNIT

Program: Rally Eat Right India - Millet Mela

Objectives: To promote the integration of millet-based products for a healthier diet by providing insights into their nutritional benefits and market viability.

Need: To address the community to eat healthy and to stay fit.

Content: To focused on healthy eating habits and spreading awareness about nutrition.

Judge: NA

Date: 21st December, 2023.

Cost/Budget: NA.

Proposed by: Dr. Vijay Vishwakarma

Verified by: Dr. Vijay Vishwakarma.

Date of Approval: 13th December, 2023.

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Notice (WhatsApp):

Jai Hind

The NSS UNIT of Bunts Sangha's S.M.Shetty College of Science, Commerce
and Management Studies, Powai

Is Organizing

"Eat Right India"- Millet Mela & Walkathon

In Collaboration with

Food and Drug Administration Dept, Mumbai Division, Government of
Maharashtra

Topics:-

1. To promote health, nutrition, and food safety awareness.
2. Food Safety Protocols.
3. Significance of Millet in one's life.

There will be a Rally within the College Campus on Food Safety followed by
the session.

**STUDENTS & VOLUNTEERS DO PARTICIPATE IN THE RALLY AND
SESSION**

Attendance will be provided for the same

Date: 21st December 2023

Time: 10:15 a.m. onwards

Venue: A.V. Room, 6th Floor

For Any Queries:-

Simranpreet Kaur - 7666991444

Mayur Shewale - 8828069553

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Minutes of the meeting :- Rally Eat Right India - Millet Mela

There was an online meet taken on Zoom Platform.

1st Meeting on 20th December, 2023.

- Volunteers should follow the instructions.
- Volunteers were told reporting time and some basic information about the activity
- The Volunteers were guided with the rules and regulation

Report: Rally Eat Right India - Millet Mela

Event: Rally Eat Right India - Millet Mela

Date: 21st December, 2023.

Objectives: To promote the integration of millet-based products for a healthier diet by providing insights into their nutritional benefits and market viability.

Highlight: The NSS unit of S.M. Shetty College of Science, Commerce and Arts, Management Studies, Powai has organized a rally to analyse the nutritional value, taste, and market potential of millet-based foods. The report provides a detailed nutritional assessment of millet-based foods, considering their micronutrients, fiber, protein, and overall health benefits. It also includes feedback from participants to evaluate the taste, texture, aroma, and overall palatability of these dishes. The report explores consumer attitudes and preferences towards millet-based foods and their willingness to integrate them into their regular diet. It highlights the health benefits of millets, such as their potential role in managing diabetes, aiding weight management, and overall well-being. Additionally, the report assesses the market viability of millet-based foods by examining consumer interest, market trends, and the feasibility of commercial production and distribution. Ultimately, the report offers strategic recommendations to enhance the formulation of millet-based foods, devise effective marketing strategies, and encourage collaborations to promote their adoption for a healthier lifestyle.

Total Number of Volunteers- 52

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Photos:



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Participants list:

Name: session & rally on Eat Right India - millet
 Date: 21/12/23

SR No.	Name	Class	Roll no.	M/F
1	Sheetal Bhatane	S4IT	7	F
2	Vanshita Ghodke	S4DS	9	F
3	Riddhima Tal	F4BMS	40	F
4	Saanvi Poojari	F4BMS	106	F
5	Pooja Patil	S4BCOM	52	F
6	Muskan Gupta	S4IT	19	F
7	Yuvraj Jaiswal	S4IT	27	M
8	Shaun Ghaji	S4BCOM	73	M
9	Pooja Nitam	T4BCOM	213	F
10	Janhvi Singh	F4BAP	64	F
11	Ratnavati Chaurasia	S4BCOM	10	F
12	Sejal Dhamade	S4BCOM	18	F
13	Harsh Ghara Saharan	F4BCOM	174	M
14	Sumrit Yadav	F4DS	70	M
15	Abhishek Shereta	F4DS	73	M
16	Abhishek Tiwari	F4IT	76	M
17	Elvis	F4DS	7	M
18	Sahil Kadam	S4IT	30	M
19	Sujat more	S4BCOM	164	M
20	Mahesh Kulkarni	S4BMS	100	M
21	Hardik Dhanawade	S4IT	116	M
22	Bipin Singh	F4DS	47	M
23	Sakshi Kambur	F4IT	25	F
24	Roshna Minu	S4DS	37	F
25	Arya Dhotare	F4IT	117	M
26	Deep Joshi	F4IT	24	M
27	Joel Varghese	F4DS	54	M
28	Jai Nakashe	S4BCOM	167	F
29	Nikki Singh	F4DS	48	M
30	Siddhesh Gatewad	F4BBI	18	M
31	Abdul	F4BCOM	165	M
32	Pragati Gurav	S4BCOM	24	M
33	Neha Salian	F4BMS	111	F

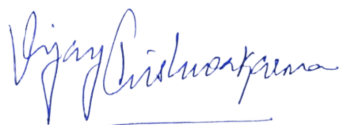
P: 23
M: 27
T: 52

SR No.	Name	Class	Roll no.	M/F
34	Mrunmai Phadtare	F4IT	146	F
35	Neetu Yadav	F4BBI	66	F
36	Pragna Suvarna	F4BBI	66	F
37	Jaken Fernandez	F4BCOM	74	M
38	Manoj Poojari	F4IT	120	M
39	Vikas Prajapati	F4BBI	22	M
40	Akhilesh Nishad	S4BBI	26	M
41	Appu Ambali	S4BMS	73	M
42	Simpansret Raur	S4IT	106	F
43	Sonju Bhappa	T4BCOM	132	M
44	Disha Borcha	T4BCOM	135	F
45	Mayur Shinde	T4IT	127	M
46	Shruti Parab	F4BCOM	73	F
47	Hishik Chauhan	F4BAP	66	F
48	Jainey Chadwa	S4BBI	68	F
49	Chintay	T4IT		M
50	Shravya Poojari	S4DS	51	F
51	Ryush Tath	S4IT	146	M
52	Chetan Mehera	S4IT	104	M

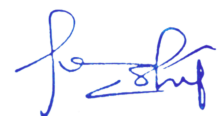
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Action Taken Report Of Rally Eat Right India - Millet Mela

Date	Feedback Received	Suggestions Provided
21 st December, 2023.	Feedback received on all the volunteers and audience was highly positive and encouraging. Suggestions were received regarding conducting more such events in the future.	More rallies should be held to promote healthy eating and fitness awareness.



NSS Programme Officer



Principal